

PRAC 2 ONLINE – CURRICULUM OVERVIEW – 2021-2022

	Text	LMS Reading and Clips	Handouts
<p>CLASS 1: Sat Sept 18 (Tues Evening class) Sun Sept 19 (Thurs Day and Evening class) 9am-2:30pm Weekend Class - All Times Pacific Time</p> <p>PRAC 2 PROGRAM INTRODUCTION Teacher Introductions Commitments Course Overview Check In/Group Process/Student Introductions</p> <p>UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS Introduction to Counselling: Transpersonal Systems Theory as a Framework Check In (if time)</p>	<p>Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Introduction Ch 1-3, pg 1-10</p>	<p>Siegel, Daniel J (2001): <u>Toward an Interpersonal Neurobiology of the Developing Mind: Attachment Relationships, 'Mindsight', and Neural Integration</u> (27 pages)</p> <p>Wanless, Craig (2020): <u>Ethics in Power Differentials – Understanding the Helping Role</u></p> <p>Brach, Tara (interview): <u>on Mindfulness, Psychotherapy and Awakening</u> (5 pages)</p> <p><u>Imagine If We Could All Love This Way: Connection and Healing in the Therapeutic Relationship</u> (3 pages)</p> <p>Positive Psychology and Psychotherapy: Martin Seligman (1 hr 15 min) <u>Psychotherapy.net library</u></p>	<p>Time commitments PRAC 2, Grading Scheme, PRAC 2 Rubric</p> <p>Notes</p>
<p>CLASS 2: Tues Sept 21 Evening 5:45-10pm Thurs Sept 23 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 1: Transpersonal Psychology and Spiritual Emergency Personal Integration Check In/Process Peer Feedback Setting and Vetting the Goal Autobiography Rewrite Introduction</p>	<p>Text</p>	<p>LMS Reading and Clips</p> <p>Dyer, Wayne (1997): <u>Manifest your Destiny</u> Ch 1(18 pages)</p> <p>Moss, Richard (1995): <u>The Second Miracle</u> Ch 1 (10 pages)</p> <p>Adrienne, Carol (1999): <u>The Purpose of Your Life</u> Ch 2 (30 pages)</p> <p>Kushner, Harold (2001): <u>Living a Life that Matters</u> Ch 1-3 (56 pages) Ch 8 (12 pages)</p> <p>Chopra, Deepak (2000): <u>How to Know God</u> (7 pages)</p>	<p>Handouts</p> <p>Autobiography Rewrite</p> <p>Notes</p> <p>Have your goal for the year clear/ready for next class 3</p>
<p>CLASS 3: Tues Sept 28 Evening 5:45-10pm Thurs Sept 30 Day 9:45am-2pm Evening 5:45-10pm</p>	<p>Text</p>	<p>LMS Reading and Clips</p> <p>Adrienne, Carol (1999): <u>The Purpose of Your Life</u> Ch 7 (23 pages)</p>	<p>Handouts</p> <p>Goal Exercise</p>

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PRACTICAL APPLICATION: UNIT 1 AND 2 Aligning with your Goal – Exercise Assisted by PRAC 3		Linden, Anne (1997): <u>Mindworks: NLP Tools for Building a Better Life</u> (18 pages)	Notes
CLASS 4: Tues Oct 5 Evening 5:45-10pm Thurs Oct 7 Day 9:45am-2pm Evening 5:45-10pm UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS Carl Rogers: Gloria 5 Essential Rapport Building Factors Technique Overview	Text Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 4 – 9, pg 11 - 32	LMS Reading and Clips Corey, Gerald (2009): <u>Theory and Practice of Counselling and Psychotherapy</u> (8th ed) Ch 7, pg 165 - 180; pg 187 - 191 Brazier, David (ed) (1994): <u>Beyond Carl Rogers</u> Ch3, p 72-91	Handouts Reflecting Exercise Notes Class 4 Evaluation Due
	CLASS 5: Tues Oct 12 Evening 5:45-10pm Thurs Oct 14 Day 9:45am-2pm Evening 5:45-10pm UNIT 2: EXPERIENTIAL THERAPIES: INTERVENTIONS Fritz Perls: Gloria Stages of Therapy Experiential Rationale Focus Points for Intervention Technique Overview	Text Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 10 - 13, pg 33 - 45	LMS Reading and Clips Corey, Gerald (2009): <u>Theory and Practice of Counselling and Psychotherapy</u> (8th ed). Ch 8, pg 198 – 220; pg 224 - 227
CLASS 6: Tues Oct 19 Evening 5:45-10pm Thurs Oct 21 Day 9:45am-2pm Evening 5:45-10pm UNIT 4: BOUNDARIES AND ETHICS IN THE HELPING PROFESSIONS Ethical Decision Making Principles Self Awareness Transference and Counter-Transference Case Studies: May, Dan and Ralph		Text	LMS Reading and Clips Caldwell, Christine: <u>Open Expression - A Space for Dialogue and Discourse</u> pg 4 – 6 Corey, Gerald; Schneider Corey, Marianne; and Callanan, Patrick (2003): <u>Theory & Practice of Counselling & Psychotherapy</u> (8th Edition) Ch 2, pg 37 – 44; pg 48 – 51

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CLASS 7: WEEKEND	Text	LMS Reading and Clips	Handouts
<p>Sat Oct 23 Tues Day class 8:45am-3pm Tues Evening class 3:45-10pm Sun Oct 23 Thurs Evening class: 3:45-10pm</p> <p>UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS Transparency Reflective/Empathetic Listening Check in</p> <p>UNIT 4: MODALITIES, TERMINOLOGY RESEARCH Social Media On-Line Platforms On-Line Counselling This is a weekend class</p>	<p>Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 14 - 23, pg 46 - 73</p>	<p>Greenberg, Watson, and Lietaer (eds) (1998): <u>Handbook of Experiential Psychotherapy</u> Ch 1, pg 3 - 23</p> <p>Hayes, Strosahl and Wilson (1999): <u>Acceptance and Commitment Therapy</u> Intro; Ch 1, pg 1 – 12; Ch 10, pg 267 – 280</p> <p>Counselling Ethics: Issues and Cases by William E Schulz, Glenn W Sheppard, Ron Lehr, Blythe Shepard; Chapter 2 Client’s Rights and Responsibilities pgs 21-48</p> <p>Ethics in Psychotherapy and Counselling 5th Edition by Kenneth S Pope and Melba J T Vasquez; Chapter 11 The Ethics of Teletherapy, Internet Therapy, and Other Digital Work; pgs 82-101</p> <p>BC Association of Clinical Counsellors Standard for the Use of Technology in Counselling; October 16 2011</p> <p>Personal Information Protection Act: A Counsellor’s Guide for Developing Client Personal Information Protection Policies and Procedures; by BC Association of Clinical Counsellors; Oct 16 2004</p>	<p>Reflecting Exercise ECP & SMP Case Studies</p>
			<p>Notes</p>
<p>CLASS 8: Tues Oct 26 Evening 5:45-10pm Thurs Oct 28 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 4: BOUNDARIES AND ETHICS IN THE HELPING PROFESSIONS Confidentiality Boundary Issues Ethical Decision Making Case Studies</p>	<p>Text</p>	<p>LMS Reading and Clips</p> <p>Martin, Shepard, Lehr (2015): <u>Canadian Counselling and Psychotherapy Experience</u> Ch 2, pg 25 - 68</p>	<p>Handouts</p>
	<p>Notes</p> <p>This is a very important class to attend!</p>		
<p>CLASS 9: Tues Nov 2 Evening 5:45-10pm Thurs Nov 4 Day 9:45am-2pm Evening 5:45-10pm</p>	<p>Text</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p>

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<p>UNIT 5: COMMON ISSUES IN PSYCHOTHERAPY Trauma Trauma Informed Practice Post Traumatic Outcomes The Body, brain and Memory Assessment</p>		<p>Van der Kolk, Bessel (2018): <u>On Understanding Trauma</u>: psychotherapy.net library (11 hour 14 min)</p> <p>Shapiro, Robin (2010): <u>Trauma Treatment Handbook</u> Ch 1-4 (63 pages)</p> <p>Porges, Stephen (2018): <u>What is Polyvagal Theory</u> weblink on PDF (4 min)</p> <p>Briere, John (2013): <u>The Trauma Pain Paradox</u> (4 min) link on PDF</p>	<p>Notes</p> <p>Class 9 Participation Evaluation Due This is a very important class to attend</p>
<p>CLASS 10: Tues Nov 9 Evening 5:45-10pm Thurs Nov 11 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 1: COUNSELLING SKILLS BOOSTER: Approaches to Therapy</p> <p>UNIT 5: MODALITIES, TERMINOLOGY, RESEARCH Terminology Research Project Prep Choose Modality for Each Class Member</p>	<p>Text</p> <p>Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 24 – 33, pg 74 - 103</p>	<p>LMS Reading and Clips</p> <p>Video – Psychotherapy: Crash Course Psychology (11 mins)</p> <p>Psychotherapy Brochure</p> <p>List of Readings for Research – found in the Research Paper Handout</p>	<p>Handouts</p> <p>Key Psychotherapy Approaches and Examples Case Studies and Therapeutic Approaches Prac 2 Research Project Rubric for Research Project</p> <p>Notes</p>
<p>CLASS 11: Tues Nov 16 Evening 5:45-10pm Thurs Nov 18 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 3: EXPERIENTIAL THERAPIES: INTERVENTIONS PRACTICAL APPLICATION Check In/ 4 Step Practice</p>	<p>Text</p> <p>Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 34 - 40, pg 104 – 123</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p> <p>4 Step</p> <p>Notes</p>
<p>CLASS 12: Tues Nov 23 Evening 5:45-10pm Thurs Nov 25 Day 9:45am-2pm Evening 5:45-10pm</p>	<p>Text</p> <p>Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 41 - 45, pg 124 - 138</p>	<p>LMS Reading and Clips</p> <p>Norcross, John, C. Psychotherapist Self-Care Practitioner-Tested, Research-Informed Strategies</p>	<p>Handouts</p> <p>Informed Consent, Intake Form, Consent for Release of Information, Invoice and Payments, Session Notes Consult Outline Self Care Exercise</p>

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<p>UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS Private Practice: Introduction Best Standards of Practice Documentation Consults Self Care Check in/Group process (Catch up as needed)</p>		<p>Baranowsky, Anna B. & Gentry, J. Eric. Compassion Fatigue Specialist Training Pre-Workshop Materials</p> <p>Figley, Charles R. Compassion Fatigue: Psychotherapists' Chronic Lack of Self Care</p> <p>Video: Self Care Interview with Vivian Baruch, M Couns – 22 min.</p> <p>Gentry, J. Eric & Baranowsky, Anna B. Compassion Fatigue Resiliency – A New Attitude</p> <p>Good Therapy. Your Checklist for Starting a Private Practice in Counseling. 2020</p>	<p>Notes</p> <p>These handouts are provided as word docs, so that you can edit for your practice, save to your computer files</p>
<p>CLASS 13: Tues Nov 30 Evening 5:45-10pm Thurs Dec 2 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 7: INTRODUCTION TO DIVERSITY Diversity and Socio-Cultural Considerations in Counselling</p>	<p>Text</p>	<p>LMS Reading and Clips</p> <p>Multicultural Counselling by Psychology</p> <p>Barriers to Cross – Cultural Counselling</p> <p>Sandra Collins and Nancy Arthur, "A Framework for Enhancing Multicultural Counselling Competence" (PDF)</p> <p>Jessica Dere, Challenges and Rewards of a culturally-informed approach to mental health (Video)</p> <p>Etheldreda Nakimuli-Mpungu, Why Africa needs culturally sensitive talk therapy? (Video)</p> <p>Essam Doad, How We Can Bring Mental Health Support to Refugees (Video)</p> <p>Diversity Case Study - #1-#5 – you will be assigned one to read</p>	<p>Handouts</p> <p>Cultural Identity Handout/ Case Study Mini-research of cultural group</p> <p>Notes</p>
<p>CLASS 14: Tues Dec 7 Evening 5:45-10pm Thurs Dec 9 Day 9:45am-2pm Evening 5:45-10pm</p>	<p>Text</p>	<p>LMS Reading and Clips</p> <p>Canadian Psychological Association: Ethical Guidelines For Supervision In Psychology, 2017 pgs 1-13</p>	<p>Handouts</p> <p>Psychosocial Assessment</p>

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UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS Supervision Process Orientated Supervision Peer Supervision Psychosocial Assessment		Valentino, LeBlanc, Sellers, 2016. The Benefits of Group Supervision and a Recommended Structure for Implementation Basa, Veronika. 2019. Peer Supervision in the Therapeutic Field	Notes
ASSISTANT’S TRAINING December 11 and 12: Online 8am-2:30pm <i>Note: other training dates are available</i> PRAC 2 Students are Required to Obtain Assistant’s Training Level 1 Certification			
CLASS 15: Tues Dec 14 Evening 5:45-10pm Thurs Dec 17 Day 9:45am-2pm Evening 5:45-10pm PRACTICAL APPLICATION: PERSONAL INTEGRATION Check In/Group Process (Catch up as needed) Meditation/Mindfulness practice ACIM Lesson Prep, Lesson 1 (Optional, starts January)	Text	LMS Reading and Clips Siegel, Dan (2016): Wheel of Awareness Medication (3 pages)	Handouts Notes
WINTER BREAK – NO CLASSES			
CLASS 16: Tues Jan 4 Evening 5:45-10pm Thurs Jan 6 Day 9:45am-2pm Evening 5:45-10pm PRACTICAL APPLICATION: UNIT 3 Check In/Group Process (Catch up as needed) Autobiography Rewrite Introductory Assignment ACIM Lesson Check In	Text Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 46 - 49, pg 139 - 149	LMS Reading and Clips	Handouts Notes Bring PRAC 1 Auto Biography
CLASS 17: Tues Jan 11 Evening 5:45-10pm Thurs Jan 13 Day 9:45am-2pm Evening 5:45-10pm	Text Yalom, Irvin D (2002): <u>The Gift of Therapy</u>	LMS Reading and Clips Hayes, Strosahl and Wilson (1999): <u>Acceptance and Commitment Therapy</u>	Handouts Chair Work

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<p>UNIT 2: EXPERIENTIAL THERAPIES: INTERVENTIONS Introducing an Experiential Intervention Experiential Techniques Chair Work Practice</p>	Ch 50 - 55, pg 150 - 165	Ch 3, pg 49 – 80; pg 251 - 248	<p>Notes</p>
<p>CLASS 18: Tues Jan 18 Evening 5:45-10pm Thurs Jan 20 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 5: COMMON ISSUES IN PSYCHOTHERAPY Depression and Suicide Risk Assessment Depression: Emotional and Cognitive features Suicide risk assessment, Safety Plan Intervention</p>	Text	LMS Reading and Clips	Handouts
		<p>Shneidman, Edwin S. (1996): <u>The Suicidal Mind</u> Ch 1, pg 3 – 26; Ch 7,8, pg 129 – 156</p> <p><u>CAMH Suicide Prevention and Assessment Handbook</u> (2011) pg 1 - 95 (review all)</p>	<p>Sample Suicide Safety Plan</p> <p>Notes</p>
<p>Experiential WEEKEND January 22 23: Day classes, 7:45 am-2:30 pm; Evening classes 3:00pm – 8:45 pm</p> <p>UNIT 2: EXPERIENTIAL THERAPIES: INTERVENTIONS The Face Off [bring handout] Assisted by PRAC 3</p>			
<p>CLASS 19: Tues Jan 25 Evening 5:45-10pm Thurs Jan 27 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 3: EXPERIENTIAL THERAPIES: INTERVENTIONS PRACTICAL APPLICATION: PERSONAL INTEGRATION Check in/ Group Process (Catch up as needed)</p>	Text	LMS Reading and Clips	Handouts
	<p>Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 55 - 64, pg 166 - 194</p>		<p>Notes</p> <p>Class 19 Evaluations Due</p>
<p>CLASS 20: Tues Feb 1 Evening 5:45-10pm Thurs Feb 3 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 1: ASSESSMENT, DOCUMENTATION, BUSINESS PRACTICES</p>	Text	LMS Reading and Clips	Handouts
	<p>Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 65 - 69, pg 195 - 209</p>		<p>Notes</p>

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Assessment of client experience Tracking Professional hours Professional Development Research Project Videos Presented			
ASSISTANT’S TRAINING February 5 and 6: Online 8am – 2:30pm Note: other training dates are available PRAC 2 Students are Required to Obtain Assistant’s Training Level 1 Certification			
CLASS 21: Tues Feb 8 Evening 5:45-10pm Thurs Feb 10 Day 9:45am-2pm Evening 5:45-10pm UNIT 2: EXPERIENTIAL THERAPIES: INTERVENTIONS Accelerated Experiential Dynamic Psychotherapy	Text	LMS Reading and Clips	Handouts
		Fosha, Diana (2009): Healing Attachment Trauma with Attachment (and then some!) p.1-17 Prenn, Natasha (2011): Mind the Gap: AEPD Interventions Translating Attachment Theory into Clinical Practice (22 pages) Fosha, Diana (2014) AEDP Overview weblink on PDF (22 min)	Natasha Prenn (2013): AEDP Interventions Mars, David (2020): The Seven Channels of Experience Notes
CLASS 22: Tues Feb 15 Evening 5:45-10pm Thurs Feb 17 Day 9:45am-2pm Evening 5:45-10pm UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS Analysis of the Course of Therapy (“Goodwill Hunting” and “Ordinary People”) Check In/Group Process (Catch up as needed)	Text	LMS Reading and Clips	Handouts
	Yalom, Irvin D (2002): The Gift of Therapy Ch 70 - 75, pg 210 - 224		Notes
CLASS 23: Tues Feb 22 Evening 5:45-10pm Thurs Feb 24 Day 9:45am-2pm Evening 5:45-10pm UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS First Session Final Session 4 Session Format and Prep for PRAC 1 Session	Text	LMS Reading and Clips	Handouts
		Freeman, David (1992): Family Therapy with Couples Ch 5, pg 101 – 117 Kennedy, Eugene and Charles, Sara (2001): On Becoming a Counselor (3rd edition) Ch 10, pg 85 – 10	4 Sessions Notes PRAC 1 Sessions can be booked now

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CLASS 24: Tues Mar 1 Evening 5:45-10pm Thurs Mar 3 Day 9:45am-2pm Evening 5:45-10pm UNIT 1 & 2: EXPERIENTIAL THERAPIES: INTERVENTIONS PRACTICAL APPLICATION: Prep for PRAC 1 sessions 2 and 3 Chair Work practice Supervision Prep	Text Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 76 - 83, pg 225 - 250	LMS Reading and Clips	Handouts
			Notes Reference handouts in class 17: Chair Work Prenn, Natasha (2013): AEDP Interventions
CLASS 25: Tues Mar 8 Evening 5:45-10pm Thurs Mar 10 Day 9:45am-2pm Evening 5:45-10pm UNIT 5: COMMON ISSUES IN PSYCHOTHERAPY Grief: Definition Process of Grief Complications Interventions	Text	LMS Reading and Clips Levine, Stephen (2005): <u>Unattended Sorrow: Recovering From Loss And Reviving The Heart</u> pg 3 – 158	Handouts
			Notes Upload session recordings for next class
SPRING BREAK March 14-April 1 – NO CLASSES			
CLASS 26: Tues Mar 29 Evening 5:45-10pm Thurs Mar 31 Day 9:45am-2pm Evening 5:45-10pm UNIT 1 & 2: PRACTICUM/SUPERVSION: PRACTICAL APPLICATION Supervision Session #1 Check In/Group Process (Catch up as needed) Autobiography Rewrite: Special Function Intro	Text Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 84 and 85, pg 251 - 259	LMS Reading and Clips	Handouts
			Notes Bring session notes/forms for supervision – from your handouts
CLASS 27: Tues April 5 Evening 5:45-10pm Thurs April 7 Day 9:45am-2pm Evening 5:45-10pm	Text	LMS Reading and Clips MacNaughton, Ian (2004): <u>Body, Breath and Consciousness, a Somatics Anthology</u>	Handouts

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<p>UNIT 3: TRANSPERSONAL PSYCHOLOGY AND SPIRITUAL EMERGENCY Altered States of Consciousness: Psychedelics and psychotherapy Breathwork Theory Mindfulness process</p>		<p>Pollan, Michael (2018): <u>How to Change your Mind</u>: ch 5, The Neuroscience: your brain on psychedelics</p> <p>Tart, Charles & Mishlove, Jeffery (2017): Altered States of Consciousness</p> <p>Boroson, Martin, Duffy, Martin & Egan, Barbara: Healing and Transformation: the use of non-ordinary states of consciousness</p>	<p>Notes Upload session recordings for next class</p>
<p>CLASS 28: Tues April 12 Evening 5:45-10pm Thurs April 14 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 1 & 2: PRACTICUM/SUPERVISION: PRACTICAL APPLICATION Supervision Session #2 Special Function: Part 2 Autobiography Rewrite</p>	<p>Text</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p>
			<p>Notes Bring session notes/forms</p>
<p>CLASS 29: Tues April 19 Evening 5:45-10pm Thurs April 21 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 2: EXPERIENTIAL THERAPIES: INTERVENTIONS Psychodrama</p>	<p>Text</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p>
		<p>Yalom, Viktor (2004): <u>Zerka Moreno on Psychodrama</u></p>	<p>Notes</p>
<p>CLASS 30: Tues April 26 Evening 5:45-10pm Thurs April 28 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 5: COMMON ISSUES IN PSYCHOTHERAPY Sexuality Intimacy Gender Identification</p>	<p>Text</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p>
		<p>Day, L and Impett, E (2016): For It Is in Giving That We Receive: The Benefits of Sacrifice in Relationships. Ch 10, pg. 211-231</p> <p>Video – Barry McCarthy: Sex made simple Part 1 and 2</p> <p>Video – Dara Hoffman-Fox: My Gender Identity... How Can I Learn to Trust the Way I Feel</p> <p>Dargie, E, Blair, K, Pukall, C, Coyle, S (2014). Somewhere Under the Rainbow: Exploring the</p>	<p>Hope Springs Movie</p> <p>Notes</p>

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		Identities and experiences of Trans Persons. Pg. 60-74. Cayley, M (2017). Gender: How to Provide Inclusive Counselling Services to Trans and Gender-Diverse Clients	
CLASS 31: Tues May 3 Evening 5:45-10pm Thurs May 5 Day 9:45am-2pm Evening 5:45-10pm PRACTICAL APPLICATION: UNIT 1 AND 2 Introduction to Genograms as Clinical Tools Genogram reflection exercise	Text	LMS Reading and Clips	Handouts
		Titelman, Peter (1998): <u>Clinical Applications of Bowen Family Systems Theory</u> Ch 1, pg 7- 49 <u>The Attachment-Based Focused Genogram Workbook</u> (2020): ch 1 (10 pages)	Notes Upload session recordings for next class Solicit Volunteers to present Genograms
CLASS 32: Tues May 10 Evening 5:45-10pm Thurs May 12 Day 9:45am-2pm Evening 5:45-10pm UNIT 1 & 2: PRACTICUM/SUPERVISION: PRACTICAL APPLICATION Supervision Session #3	Text	LMS Reading and Clips	Handouts
			Notes Bring session notes/forms
CLASS 33: Tues May 17 Evening 5:45-10pm Thurs May 19 Day 9:45am-2pm Evening 5:45-10pm UNIT 3: TRANSPERSONAL PSYCHOLOGY AND SPIRITUAL EMERGENCY Spiritual Emergency: Dark Night of the Soul Set Up for Autobiography Rewrite Exercise	Text	LMS Reading and Clips	Handouts
		Moss, Richard (1995): <u>The Second Miracle</u> Ch 14, pg 192 –205 Moore, Thomas (2004): <u>Dark Nights of the Soul</u> Intro – pg 47	Notes Autobiography Rewrites Due, please forward to both instructors via email.
GENOGRAM WEEKEND May 22 and 23 8am-4pm			
CLASS 34: Tues May 24 Evening 5:45-10pm Thurs May 26 Day 9:45am-2pm	Text	LMS Reading and Clips	Handouts
			Natasha Prens (2018): Portrayals Handout

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<p>Evening 5:45-10pm</p> <p>UNIT 2: EXPERIENTIAL THERAPIES: INTERVENTIONS PRACTICAL APPLICATION AEDP Interventions Portrayals Metaprocessing</p>		<p>Prenn, Natasha (2009): <u>I Second that Emotion! On self disclosure and it's metaprocessing</u>, Ch 6 (14 pages)</p> <p>Shapiro, Steven (2009): <u>It's not about you</u>, Psychotherapy Networker (5 pages)</p> <p>Fosha, Diana (2004): <u>Nothing That Feels Bad Is Ever The Last Step</u> (18 pages)</p>	<p>Notes</p> <p>Upload session recordings for next class (if supervision)</p>
<p>CLASS 35: Tues May 31 Evening 5:45-10pm Thurs June 2 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 1 &2: PRACTICUM/SUPERVISION: PRACTICAL APPLICATION Check In/Group Process (Catch up as needed) Extra supervision time as needed</p>	<p>Text</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p> <p>Notes</p> <p>Upload session recordings for next class Bring session notes/forms</p>
<p>CLASS 36 Tues June 7 Evening 5:45-10pm Thurs June 9 Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 1 &2: PRACTICUM/SUPERVISION: PRACTICAL APPLICATION Supervision Session #4</p>	<p>Text</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p> <p>Notes</p> <p>Bring session notes/forms LAST Supervision session PRAC 2 Quiz due June 15th</p>
<p>CLASS 37: Tues June 14 Evening 5:45-10pm Thurs June 16 Day 9:45am-2pm Evening 5:45-10pm</p> <p>PRACTICAL APPLICATION: UNIT 3 Autobiography Rewrite Process</p>	<p>Text</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p> <p>Notes</p> <p>PRAC 2 Quiz due June 15th</p>
<p>CLASS 38: Tues June 22 Evening 5:45-10pm Thurs June 23 Day 9:45am-2pm Evening 5:45-10pm</p> <p>PRACTICAL APPLICATION: PERSONAL INTEGRATION</p>	<p>Final Class 38 Class Participation Evaluation Rubric due</p>		

Completion: Class/Self Evaluations	
Final exam posted June 15, due August 1st Practicum Hour Log Due August 1st (even if hours not completed) CONSTITUTIONS Saturday 2nd and/or Sunday July 3rd, 2021	