


Class 1: Weekend SPRINGBROOKE Oct 13 8:30 am – 7 pm Oct 14: 8:30 – 7pm PRAC 3 PROGRAM INTRODUCTION Teacher Introductions Commitments/Course Overview Check In/Student Introductions Values/Values exercise	Text	Text , LMS Reading and Clips	Handouts
	Suggested reading – O’Kane, O’Kane, 2016 – REAL - The Power of Authentic Connection. (New P1 textbook)	Cooper, Robert K (2001): <u>The Other 90%: How to Unlock your Vast Untapped Potential for Leadership and Life.</u> Ch 4, pg 37 – 62 Holden, Robert (2008): <u>Success Intelligence: Part VII, Renaissance</u> pg 301 - 355	Class 1 Handouts – Time Commitments Prac 3, documentation package [folder of editable documents for best practice] Notes Prac 1 Assist #1: Setting the Goal (Saturday and Sunday)
Class 2: Oct 25 5:45 pm – 9:45 pm UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Leadership: Qualities and Skills Universal Constitution and Contract Prac 2 class prep: Aligning with your goal	Text	LMS Reading and Clips	Handouts
		Gilbert, Roberta (2006): Extraordinary Leadership: Thinking Systems, Making a Difference Ch 3, pg 33 – 49; Ch 7, pg 93 - 109	Class 2 Handouts - My Universal Contract and Constitution, Leadership rating tool, Prac 2 Aligning with your Goal Notes Assist Prac 2 class #3, Prac 2 assist #1: Aligning with your goal
Class 3: Nov 1 UNIT 1: GROUP DYNAMICS: THEORY Phases of Group Development “12 Angry Men” movie analysis	Text	LMS Reading and Clips	Handouts
		Dimock, and Medley, (1985): <u>Some Key Concepts at Group Development</u> , pg 1-35 Palmateer, Sally and Sluser, Ron <u>The New dynamics of Life Skills</u> , YWCA of Greater Toronto; pg 122 – 132	Class 3 Handouts – Group Processes, 12 Angry Men Group Development Notes
Class 4: Nov 8 PRACTICAL APPLICATION: PERSONAL INTEGRATION Check in /Group Process (Catch up as needed)	Text	LMS Reading and Clips	Handouts
		Recommended Reading: Yalom, Irvin (2006): <u>The Schopenhauer Cure</u> [upcoming class 5 and 6 group dynamics DVD based on this book]	Notes Class 4 Class Evaluation due
Class 5: Nov 15 UNIT 1: GROUP DYNAMICS: THEORY Types of Groups Therapeutic Factors (6 of 12) ‘Group Therapy: A Live Demonstration’ with Irvin Yalom and Melyn Lesczcz	Text	LMS Reading and Clips	Handouts
	Corey, Schneider-Corey, Callahan, Russell (2003): Group Techniques Ch 1	Yalom, Irvin (1998): <u>The Yalom Reader: Selections from the work of a Master Therapist and Storyteller.</u> Ch 1, pg 5 - 41	Notes

Class 6: Nov 22 UNIT 1: GROUP DYNAMICS: THEORY Therapeutic Factors (remaining 6 of 12) 'Group Therapy: A Live Demonstration' with Irvin Yalom and Modyn Lesczcz Prac 1 Family Rules process prep	Text	LMS Reading and Clips	Handouts
		Yalom, Irvin (1998): The Yalom Reader: Selections from the work of a Master Therapist and Storyteller. Ch 2, pg 24-80	Class 6 Handout: Prac 1 - Family Rules
			Notes Prac 1 class next week
Class 7: PRAC 1 CLASS Tue Nov 27 /Thur Nov 29 UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Prac 1 class assist #2: Family Rules Process Supervision/Feedback	Text	LMS Reading and Clips	Handouts
		Aponte, Rebecca (2009): Augustus Napier on Experiential Family Therapy	
			Notes Next week class at Springbrooke
December 1 and 2 – Vancouver CURRICULUM WEEKEND – Assistant Supervisors Training Prac 3 Students who have completed level 2 attendance optional, pay attention for practicum hours			
Class 8: Dec 6 PRACTICAL APPLICATION: UNIT 2 AND 3 Re-enactment facilitation Prac 1 Fairy Tale Process Prep	Text	LMS Reading and Clips	Handouts
		Dayton, Tian: Healing Childhood Abuse through Psychodrama Weblink on PDF	Class 8 Handout – Prac 1 Fairy Tales
			Notes LOCATION CHANGE – SPRINGBROOKE Prac 1 class next week
Class 9: PRAC 1 CLASS Dec 11/13 UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Prac 1 class assist #3: Fairy Tale Process Supervision/Feedback	Text	LMS Reading and Clips	Handouts
			Notes Class 9 Class Participation Evaluation due
Class 10: Dec 20 UNIT 2: GROUP DYNAMICS: PROCESSES AND INTERVENTIONS Ethical Issues Unique to Group Therapy Techniques/Interventions: Overview Monitoring the Group Applying Interventions	Text	LMS Reading and Clips	Handouts
	Corey, Schneider-Corey, Callahan, Russell (2003): Group Techniques Ch 2		
			Notes ACIM lesson prep, lesson 1 (starts January 1) Class 9 Class Participation handed back by teachers

December 22 – January 6: Winter Break– no classes			
Class 11: Jan 10 PRACTICAL APPLICATION: PERSONAL INTEGRATION Check in /Group Process (Catch up as needed) Alter Ego Weekend Prep	Text	LMS Reading and Clips	Handouts
		Wilkins, Paul (1999): Psychodrama. Ch 2 pg 20 – 38	Class 11 Handouts – Supervision, Alter Ego Weekend, Rating Scale, Self Led Support Group
			Notes
Class 12: Jan 17 UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #1: bring material to review Prac 2 class 13 assisting prep: Face Off	Text	LMS Reading and Clips	Handouts
		Rowan, John and Jacobs, Michael (2011ed.): The Therapist's Use of Self Ch 2 pg 9-27 Shepard, Martin, Robinson (2016): Clinical Supervision of the Canadian Counselling & Psychotherapy Profession Ch 1 pg 1 – 33	Class 12 handout – the Face Off
			Notes
			Bring session notes and recordings to class, assist next Prac 2 class 13, Prac 2 assist #2: the Face Off
January 19 and 20 – Curriculum Weekend – Alter Ego Weekend – Campus Closure			
Class 13: Jan 24 UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 1 and 2. Supervision/Feedback	Text	LMS Reading and Clips	Handouts
		Ormont, Louis (1992): The Group Therapy Experience Ch 9 – 12, pg 120 - 162	
			Notes
Class 14: Jan 31 UNIT 2: GROUP DYNAMICS: PROCESSES AND INTERVENTIONS Process Interventions for Earlier Phases of Group Development Challenges to Leaders Confronting Members	Text	LMS Reading and Clips	Handouts
	Corey, Schneider-Corey, Callahan, Russell (2003): Group Techniques Ch 3 and 4		
			Notes
February 2 and 3 – Vancouver CURRICULUM WEEKEND - Assistant's Training Prac 3 Students who have completed level 2: attendance optional, may attend for practicum hours			
Class 15: Feb 7 UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER	Text	LMS Reading and Clips	Handouts
		Rowan, John and Jacobs, Michael (2011ed.): The Therapist's Use of Self Pg 28-46	
			Notes

Supervision Session #2: bring material to review			Bring session notes and recordings
Class 16: Feb 14	Text	LMS Reading and Clips	Handouts
UNIT 4: GENOGRAM INTERPRETATION: THEORY AND PRACTICE Autobiography Family of Origin Analysis Prac 1 Autobiography Exercise prep			Class 16 Handouts: Selma's Autobiography, Prac 1 Class: Autobiography Exercise, Autobiography Analysis
			Notes Prac 1 class next week
Class 17: PRAC 1 CLASS Feb 19/21	Text	LMS Reading and Clips	Handouts
UNIT 4: GENOGRAM INTERPRETATION: THEORY AND PRACTICE Prac 1 class assist #4: Autobiography Exercise: to establish personal direction for Family of Origin research Supervision/Feedback			Notes
Class 18: Feb 28	Text	LMS Reading and Clips	Handouts
UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 3 and 4 Supervision/Feedback Prac 1 Pursuer/Distancer exercise	Corey, Schneider-Corey, Callahan, Russell (2003): Group Techniques Ch 5		Class 18 Handout: Pursuer Distancer exercise
			Notes Prac 1 class nest week
Class 19: PRAC 1 CLASS Mar 5/7	Text	LMS Reading and Clips	Handouts
UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Prac 1 class assist #5: Pursuer Distancer Process Supervision/Feedback			Notes Class 19 Class Evaluation due

Class 20: Mar 14 PRACTICAL APPLICATION: PERSONAL INTEGRATION Check in /Group Process (Catch up as needed) Constitution Review/Support	Text	LMS Reading and Clips	Handouts
		Ormont, Louis (1992): The Group Therapy Experience. Ch 13, p163-189	Notes
			Volunteers needed to assist p1 class 21 (4 steps)
March 16 - 31, Spring Break – no classes			
Class 21: April 4 UNIT 2: GROUP DYNAMICS: PROCESSES AND INTERVENTIONS Process Interventions for Later Phases of Group Development Ending a Group Session Terminating a Group	Text	LMS Reading and Clips	Handouts
	Corey, Schneider-Corey, Callahan, Russell (2003): Group Techniques Ch 1 and 7		Class 21 Handout - Sophie
			Notes
Class 22: April 11 UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #3: bring material to review	Text	LMS Reading and Clips	Handouts
		Rovinn, John and Jacobs, Michael (2011ed.): The Therapist's Use of Self Pg 46-70	
			Notes Bring recordings and session notes
Class 23: April 18 UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 5 and 6 Supervision/Feedback	Text	LMS Reading and Clips	Handouts
			Notes Read ahead for next class

<p>Class 24: April 25</p> <p>UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Relationship Counselling and Sexuality Theoretical Overview Therapeutic Stance (unique to couples) Techniques Sexuality</p>	<p>LMS Reading and Clips</p> <p>Doherty, William (1999): How Therapy can be Hazardous to your Marital Health & Doherty William (2002): Bad Couples Therapy: How to Avoid It. Pg 1-8; Pg 8-14 {note, these2 are in the same document}</p> <p>Freeman, David(1992): Family Therapy with Couples Ch 3 and 4, pgs 63- 100</p> <p>Schnarch, David (1997): Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships. Ch 1-3, pg 25-99</p> <p>Pittman, Frank (1989): Private Lies: Infidelity and the Betrayal of Intimacy Ch1 pg 19-32, Ch6-7 pg102-134, Ch15, pg 275-296</p>		<p>Handouts</p> <p>Class 24 Handout – Relationship techniques</p> <p>Notes</p>
<p>Class 25: May 2</p> <p>UNIT 4: GENOGRAM INTERPRETATION:THEORY AND PRACTICE Genogram Facilitation prep Psychofair prep</p>	<p>Text</p>	<p>LMS Reading and Clips</p> <p>McGoldrick, Monica and C. Klein, R. (1985): Genogram: Family Assessment. Ch 3, pg 9-124</p>	<p>Handouts</p> <p>Class 25 Handout Genogram Folder, bring Facilitation Notes and Timeline Structure</p> <p>Notes</p>
<p>Class 26: PRAC 1 CLASS May 7/9</p> <p>UNIT 4: GENOGRAM INTERPRETATION: THEORY AND PRACTICE Attend Prac 1 genogram presentation</p>	<p>Text</p>	<p>LMS Reading and Clips</p>	<p>Handouts</p> <p>Bring relevant documents from Genogram folder, take to geno weekend too</p> <p>Notes</p>
<p>Class 27: May 17</p> <p>UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #4: bring material to review</p>	<p>Text</p>	<p>LMS Reading and Clips</p> <p>Rowan, John and Jacobs, Michael (2011ed.): The Therapist's Use of Self Ch 4 pg71-87</p>	<p>Handouts</p> <p>Notes</p> <p>Bring session notes and recordings</p>

May 18 and 19 – CURRICULUM WEEKEND – Genogram Weekend – Campus Classes Campus Prac 3 students – Mandatory Attendance at Prac 1 Genogram Weekend			
Class 28: May 23 UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 7 and 8 Supervision/Feedback	Text	LMS Reading and Clips	Handouts
			Notes
Class 29: May 30 UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Addictions and Group Treatment Approaches Theoretical overview Techniques Constitution Review/Support	Text	LMS Reading and Clips	Handouts
		Brown, Stephanie (2000): The Family Research Project: a summary	Notes
		Substance Abuse Treatment: Group Therapy (2005) US Dept of Health and Human Services <i>read 'executive summary' at minimum</i>	bring Constitution to review
Class 30: June 6 UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #5: bring material to review Psychofair prep (as needed)	Text	LMS Reading and Clips	Handouts
		Rowe, John and Jacobs, Michael (2012): The Therapist's Use of Self Ch 5, pg 88-114	Notes
			Bring session notes and recordings; Psychofair weekend coming up
June 7, 8 & 9 - CURRICULUM WEEKEND - Psycho Fair Weekend – Campus P3 Class P3 Students attend Friday from approximately 3:30 pm for set up			
Class 31: June 13 PRACTICAL APPLICATION: PERSONAL INTEGRATION Check In/Group Process Constitution support Post Psychofair check in (if needed)	Text	LMS Reading and Clips	Handouts
			Notes
			Bring constitution for review;
Class 32: June 20 UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 9 and 10 Supervision/Feedback	Text	LMS Reading and Clips	Handouts
			Notes

Class 33: June 27**PRACTICAL APPLICATION:
PERSONAL INTEGRATION**

Completion: Class/Self Evaluations

Final Class 33 Class Participation Evaluation due;**Final exam due Aug 15;****Practicum hour log due Sept 1., (even if practicum not completed)****Constitutions On-line Friday 5th July and Campus Saturday 6th July at Springbrooke.**

SAMPLE