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| <p>CLASS 1: Oct 20 Evening 5:45 – 10pm Oct 21 Day 9:45am – 2:00pm Oct 22 Evening 5:45– 10pm Note: All times in Pacific time</p> <p>PRAC 3 PROGRAM INTRODUCTION Teacher Introductions Commitments/Course Overview Check In/Student Introductions PRAC 1 Intro Prep</p> | Text | LMS Reading and Clips | <p>Handouts</p> <p>Time Commitments PRAC 3, Documentation Package (folder of editable documents for best practice), Grading Scheme, PRAC 3 Rubric</p> <p>Notes</p> <p>Attend PRAC 1 Class 2 (Sunday)Class – times vary depending on which class you assist</p> |
| <p>CLASS 2: WEEKEND Oct 24 Day class 9:45am – 3:00pm Evening class 4:45 – 10:00pm Note: weekend time change</p> <p>UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Leadership: Qualities and Skills Universal Constitution and Contract Values Exercise PRAC 2 Class Prep: Aligning with your Goal Sun Oct 25 - P1 Assist – either 9:45am – 3pm or 4:45-10pm</p> | Text | LMS Reading and Clips | <p>Handouts</p> <p>My Universal Contract and Constitution, Leadership Rating Tool</p> <p>Notes</p> <p>Values Assignment</p> |
| <p>CLASS 3: Oct 27 Evening 5:45 – 10pm Oct 28 Day 9:45am – 2:00pm Oct 29 Evening 5:45– 10pm</p> <p>UNIT 1: GROUP DYNAMICS: THEORY Phases of Group Development "12 Angry Men": Movie Analysis PRAC 2 Class Assist #1: Prep Goal Setting</p> | Text | LMS Reading and Clips | <p>Handouts</p> <p>Group Processes, 12 Angry Men Character Descriptions and Questions for Reflection</p> <p>Notes</p> |
| <p>CLASS 4: Nov 3 Evening 5:45 – 10pm Nov 4 Day 9:45am – 2:00pm Nov 5 Evening 5:45– 10pm</p> <p>PRACTICAL APPLICATION: PERSONAL INTEGRATION Check In/Group Process (Catch up as needed)</p> | Text | LMS Reading and Clips | <p>Handouts</p> <p>12 Angry Men Group Development, Group Processes</p> <p>Notes</p> <p>Class 4 Evaluation Due</p> |

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| <p>CLASS 5: Nov 10 Evening 5:45 – 10pm Nov 11 Day 9:45am – 2:00pm Nov 12 Evening 5:45– 10pm</p> <p>UNIT 1: GROUP DYNAMICS: THEORY Types of Groups Therapeutic Factors (6 of 12) 'Group Therapy: A Live Demonstration' with Irvin Yalom and Modyn Lesczcz</p> | <p>Text</p> <p>Corey, Schneider-Corey, Callahan, Russell (2003): <u>Group Techniques</u> Ch 1</p> | <p>LMS Reading and Clips</p> <p>Yalom, Irvin (1998): <u>The Yalom Reader: Selections from the Work of a Master Therapist and Storyteller</u> Ch 1, pg 5 - 41</p> | <p>Handouts</p> <hr/> <p>Notes</p> |
| <p>CLASS 6: Nov 17 Evening 5:45 – 10pm Nov 18 Day 9:45am – 2:00pm Nov 19 Evening 5:45– 10pm</p> <p>UNIT 1: GROUP DYNAMICS: THEORY Therapeutic Factors (remaining 6 of 12) 'Group Therapy: A Live Demonstration' with Irvin Yalom and Modyn Lesczcz PRAC 1 Family Rules Process Prep</p> | <p>Text</p> | <p>LMS Reading and Clips</p> <p>Yalom, Irvin (1998): <u>The Yalom Reader: Selections from the Work of a Master Therapist and Storyteller</u> Ch 2, pg 24-80</p> | <p>Handouts</p> <p>Class 6 Handout: PRAC 1 - Family Rules</p> <hr/> <p>Notes</p> <p>Prac 1 Class Next Week – times depend on which class you assist</p> |
| <p>CLASS 7: PRAC 1 CLASS Nov 24 Evening 5:45-10pm Nov 26: Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE PRAC 1 Class Assist #2: Family Rules Process Supervision/Feedback</p> | <p>Text</p> | <p>LMS Reading and Clips</p> <p>Aponte, Rebecca (2009): <u>Augustus Napier on Experiential Family Therapy</u></p> | <p>Handouts</p> <hr/> <p>Notes</p> |
| <p>CLASS 8: Dec 1 Evening 5:45 – 10pm Dec 2 Day 9:45am – 2:00pm Dec 3 Evening 5:45– 10pm</p> <p>PRACTICAL APPLICATION: UNIT 2 AND 3 Reinactment/Portrayal Facilitation PRAC 1 Fairy Tale Process Prep</p> | <p>Text</p> | <p>LMS Reading and Clips</p> <p>Dayton, Tian: <u>Healing Childhood Abuse through Psychodrama</u> Weblink on PDF</p> | <p>Handouts</p> <p>PRAC 1 Fairy Tales Portrayals: Prenn</p> <hr/> <p>Notes</p> <p>Prac 1 Class Next Week – times depend on which class you assist</p> |
| <p>ASSISTANT'S TRAINING December 5 and 6: Online 8am-4pm <i>Note: other training dates are available</i> PRAC 3 Students are Required to Obtain Assistant's Training Level 2 Certification</p> | | | |

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| CLASS 9: PRAC 1 CLASS Tues Dec 8: Evening 5:45-10pm Thurs Dec 10: Day 9:45am-2pm, Evening 5:45-10pm UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Prac 1 Class Assist #3: Fairy Tale Process Supervision/Feedback | Text | LMS Reading and Clips | Handouts |
| | | | Notes |
| | | | Class 9 Participation Evaluation Due |
| CLASS 10: Dec 15 Evening 5:45 – 10pm Dec 16 Day 9:45am – 2:00pm Dec 17 Evening 5:45– 10pm UNIT 2: GROUP DYNAMICS: PROCESSES AND INTERVENTIONS Ethical Issues Unique to Group Therapy Techniques/Interventions: Overview Monitoring the Group Applying Interventions Mindfulness Practice: ACIM lesson Prep, Lesson 1 (starts January 1) | Text | LMS Reading and Clips | Handouts |
| | Corey, Schneider-Corey, Callahan, Russell (2003): <u>Group Techniques</u> Ch 2 | | Notes |
| | | | ACIM Lesson Online (starts January 1- OPTIONAL) Class 9 Participation Evaluation handed back by teachers |
| WINTER BREAK– No Classes | | | |
| CLASS 11: Jan 5 Evening 5:45 – 10pm Jan 6 Day 9:45am – 2:00pm Jan 7 Evening 5:45– 10pm PRACTICAL APPLICATION: PERSONAL INTEGRATION Check In/Group Process (Catch up if needed) Alter Ego Weekend Prep PRAC 2 Class 13 Assisting: Face Off Prep | Text | LMS Reading and Clips | Handouts |
| | | Wilkins, Paul (1999): <u>Psychodrama</u> Ch 2, pg 20 – 38 | Supervision, Alter Ego Weekend, Rating Scale, Self Led Support Group |
| | | | Notes Upload recordings for supervision next class |
| CLASS 12: Jan 12 Evening 5:45 – 10pm Jan 13 Day 9:45am – 2:00pm Jan 14 Evening 5:45– 10pm UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #1: Bring material to review | Text | LMS Reading and Clips | Handouts |
| | | Rowan, John and Jacobs, Michael (2011 Edition): <u>The Therapist's Use of Self</u> Ch 2, pg 9 - 27 | The Face Off |
| | | Shepard, Martin, Robinson (2016): <u>Clinical Supervision of the Canadian Counselling & psychotherapy Profession</u> Ch 1, pg 7 – 33 | Notes Bring session notes to class PRAC 2 Class Next Week |

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| <p>CLASS 13: Jan 19 Evening 5:45 – 10pm Jan 20 Day 9:45am – 2:00pm Jan 21 Evening 5:45– 10pm</p> <p>UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 1 and 2 Supervision/Feedback PRAC 2 Class Assisting – The Face Off</p> | <p>Text</p> | <p>LMS Reading and Clips</p> <p>Ormont, Louis (1992): <u>The Group Therapy Experience</u> Ch 9 – 12, pg 120 - 162</p> | <p>Handouts</p> <hr/> <p>Notes</p> |
| <p>ALTER EGO WEEKEND January 23 and 24: Day classes 7:45am-2:30pm; Evening classes 3pm-8:45pm</p> | | | |
| <p>CLASS 14: Jan 26 Evening 5:45 – 10pm Jan 27 Day 9:45am – 2:00pm Jan 28 Evening 5:45– 10pm</p> <p>UNIT 2: GROUP DYNAMICS: PROCESSES AND INTERVENTIONS Process Interventions for Earlier Phases of Group Development Challenges to Leaders Confronting Members</p> | <p>Text</p> | <p>LMS Reading and Clips</p> | <p>Handouts</p> <hr/> <p>Notes</p> <p>Upload recordings for supervision next class</p> |
| <p>CLASS 15: Feb 2 Evening 5:45 – 10pm Feb 3 Day 9:45am – 2:00pm Feb 4 Evening 5:45– 10pm</p> <p>UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #2: Bring material to review</p> | <p>Text</p> | <p>LMS Reading and Clips</p> <p>Rowan, John and Jacobs, Michael (2011 Edition): <u>The Therapist's Use of Self</u> pg 28 - 46</p> | <p>Handouts</p> <hr/> <p>Notes</p> <p>Bring session notes to class</p> |
| <p>ASSISTANT'S TRAINING February 6 and 7: Online 8am-4pm <i>Note: other training dates are available</i> PRAC 3 Students are Required to Obtain Assistant's Training Level 2 Certification</p> | | | |

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| CLASS 16: Feb 9 Evening 5:45 – 10pm Feb 10 Day 9:45am – 2:00pm Feb 11 Evening 5:45– 10pm UNIT 4: GENOGRAM INTERPRETATION: THEORY AND PRACTICE Autobiography Family of Origin Analysis PRAC 1 Autobiography Exercise Prep | Text | LMS Reading and Clips | Handouts |
| | | | Selma's Autobiography, Prac 1 Class: Autobiography Exercise, Autobiography Analysis |
| | | | Notes PRAC 1 Class - 2 Weeks Away |
| CLASS 17: Feb 16 Evening 5:45 – 10pm Feb 17 Day 9:45am – 2:00pm Feb 18 Evening 5:45– 10pm PRACTICAL APPLICATION: PERSONAL INTEGRATION Check In/Group Process (Catch up as needed) Constitution Review/Support | Text | LMS Reading and Clips | Handouts |
| | Corey, Schneider-Corey, Callahan, Russell (2003): <u>Group Techniques</u> Ch 5 | | |
| | | | Notes Bring your constitution handout PRAC 1 Class next week |
| CLASS 18: PRAC 1 CLASS Tues Feb 23 Evening 5:45-10pm Thurs Feb 25: Day 9:45am-2pm Evening 5:45-10pm UNIT 4: GENOGRAM INTERPRETATION: THEORY AND PRACTICE PRAC 1 Class Assist #4: Autobiography Exercise: To Establish Personal Direction for Family of Origin Research Supervision/Feedback | Text | LMS Reading and Clips | Handouts |
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| | | | Notes |
| CLASS 19: Mar 2 Evening 5:45 – 10pm Mar 3 Day 9:45am – 2:00pm Mar 4 Evening 5:45– 10pm UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 3 and 4 Supervision/Feedback PRAC 1 Pursuer/Distancer Exercise | Text | LMS Reading and Clips | Handouts |
| | | Ormont, Louis (1992): <u>The Group Therapy Experience</u> Ch 13, pg 163 - 189 | Pursuer/Distancer Exercise |
| | | | Notes Class 19 Evaluation Due PRAC 1 Class next week |

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| CLASS 20: PRAC 1 CLASS Tues Mar 9 Evening 5:45-10pm Thurs Mar 11: Day 9:45am-2pm Evening 5:45-10pm UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE PRAC 1 Class Assist #5: Pursuer/Distancer Process Supervision/Feedback | Text | LMS Reading and Clips | Handouts |
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| Notes | | | |
| Volunteers Needed to Assist PRAC 1 Class 21 (4 Step Processes) | | | |
| SPRING BREAK– No Classes | | | |
| CLASS 21: Mar 30 Evening 5:45 – 10pm Mar 31 Day 9:45am – 2:00pm April 1 Evening 5:45– 10pm UNIT 2: GROUP DYNAMICS: PROCESSES AND INTERVENTIONS Process Interventions for Later Phases of Group Development Ending a Group Session Terminating a Group | Text | LMS Reading and Clips | Handouts |
| | Corey, Schneider-Corey, Callahan, Russell (2003): Group Techniques Ch 6 and 7 | | |
| Notes | | | |
| Upload recordings for supervision next class | | | |
| CLASS 22: April 6 Evening 5:45 – 10pm April 7 Day 9:45am – 2:00pm April 8 Evening 5:45– 10pm UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #3: Bring material to review | Text | LMS Reading and Clips | Handouts |
| | | Rowan, John and Jacobs, Michael (2011 Edition): The Therapist's Use of Self pg 46 - 70 | |
| Notes | | | |
| Bring session notes to class | | | |
| CLASS 23: April 13 Evening 5:45 – 10pm April 14 Day 9:45am – 2:00pm April 15 Evening 5:45– 10pm UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 5 and 6 Supervision/Feedback | Text | LMS Reading and Clips | Handouts |
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| Notes | | | |
| Read ahead for next class | | | |

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| <p>CLASS 24: April 20 Evening 5:45 – 10pm April 21 Day 9:45am – 2:00pm April 22 Evening 5:45– 10pm</p> <p>UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Relationship Counselling and Sexuality Theoretical Overview Therapeutic Stance (unique to couples) Techniques Sexuality</p> | <p>LMS Reading and Clips</p> <p>Doherty, William (1999): <u>How Therapy can be Hazardous to your Marital Health</u>; & Doherty William (2002): <u>Bad Couples Therapy: How to Avoid It</u> (Note: These two are the same document) pg 1 - 8; pg 8 - 14</p> <p>Freeman, David (1992): <u>Family Therapy with Couples</u> Ch 3 and 4, pg 63 - 100</p> <p>Schnarch, David (1997): <u>Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships</u> Ch 1 - 3, pg 25 - 99</p> <p>Pittman, Frank (1989): <u>Private Lies: Infidelity and the Betrayal of Intimacy</u> Ch 1, pg 19 – 32; Ch 6 – 7, pg 102 – 134; Ch 15, pg 275 – 296</p> | <p>Handouts</p> <p>Relationship Techniques</p> <p>Notes</p> |
| <p>CLASS 25: April 27 Evening 5:45 – 10pm April 28 Day 9:45am – 2:00pm April 29 Evening 5:45– 10pm</p> <p>UNIT 4: GENOGRAM INTERPRETATION: THEORY AND PRACTICE Genogram Facilitation</p> | <p>Text</p> <p>LMS Reading and Clips</p> <p>McGoldrick, Monica and Gerson, Randy (1985): <u>Genograms: Family Assessment</u> Ch 1, pg 39 – 124</p> | <p>Handouts</p> <p>Genogram Folder, Bring Facilitation Notes and Structure</p> <p>Notes</p> <p>PRAC 1 Class Next Week</p> |
| <p>CLASS 26: PRAC 1 CLASS Tues May 4 Evening 5:45-10pm Thurs May 6: Day 9:45am-2pm Evening 5:45-10pm</p> <p>UNIT 4: GENOGRAM INTERPRETATION: THEORY AND PRACTICE Attend PRAC 1 Genogram Presentation</p> | <p>Text</p> <p>LMS Reading and Clips</p> | <p>Handouts</p> <p>Bring relevant documents from Genogram folder</p> <p>Notes</p> |
| <p>CLASS 27: May 11 Evening 5:45 – 10pm May 12 Day 9:45am – 2:00pm May 13 Evening 5:45– 10pm</p> <p>UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 7 and 8 Supervision/Feedback</p> | <p>Text</p> <p>LMS Reading and Clips</p> | <p>Handouts</p> <p>Notes</p> <p>Upload recordings for supervision next class</p> |

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| CLASS 28: May 18 Evening 5:45 – 10pm May 19 Day 9:45am – 2:00pm May 20 Evening 5:45– 10pm UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #4: Bring material to review | Text | LMS Reading and Clips | Handouts |
| | | Rowan, John and Jacobs, Michael (2011 Edition): <u>The Therapist's Use of Self</u> Ch 4, pg 71 - 87 | Notes Bring session notes to class |
| GENOGRAM WEEKEND May 22 and 23: 8am-4pm | | | |
| CLASS 29: May 25 Evening 5:45 – 10pm May 26 Day 9:45am – 2:00pm May 27 Evening 5:45– 10pm UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Addictions and Group Treatment Approaches Theoretical Overview Techniques Constitution Review/Support | Text | LMS Reading and Clips | Handouts |
| | | Brown, Stephanie (2000): <u>The Family Research Project: A Summary</u> Substance Use in Group Therapy (2005) US Dept of Health and Human Services <i>Read 'executive summary' at minimum</i> | Notes Bring Constitution to Review Upload recordings for supervision next class |
| GENOGRAM WEEKEND May 29 and 30: 8am-4pm | | | |
| CLASS 30: June 1 Evening 5:45 – 10pm June 2 Day 9:45am – 2:00pm June 3 Evening 5:45– 10pm UNIT 5: SUPERVISION AND COUNSELLING SKILLS BOOSTER Supervision Session #5: Bring material to review | Text | LMS Reading and Clips | Handouts |
| | | Rowan, John and Jacobs, Michael (2011 Edition): <u>The Therapist's Use of Self</u> Ch 5, pg 88 - 114 | Notes Bring session notes to class Global Alignment Presentation Next Week |
| CLASS 31: June 8 Evening 5:45 – 10pm June 9 Day 9:45am – 2:00pm June 10 Evening 5:45– 10pm PRACTICAL APPLICATION: PERSONAL INTEGRATION Global Alignment Presentation Check In/Group Process Constitution Support | Text | LMS Reading and Clips | Handouts |
| | | | Notes Bring constitution for review P3 Quiz due June 15th |

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| <p>CLASS 32: June 15 Evening 5:45 – 10pm June 16 Day 9:45am – 2:00pm June 17 Evening 5:45– 10pm</p> <p>UNIT 3: GROUP LEADERSHIP: SKILLS AND PRACTICE Peer Led Support Group Sessions 9 and 10 Supervision/Feedback</p> | <p>Text</p> | <p>LMS Reading and Clips</p> | <p>Handouts</p> |
| <p>CLASS 33: June 22 Evening 5:45 – 10pm June 23 Day 9:45am – 2:00pm June 24 Evening 5:45– 10pm</p> <p>PRACTICAL APPLICATION: PERSONAL INTEGRATION Completion: Class/Self Evaluations</p> | <p>Final Class 33</p> <p>Class Participation Evaluation Rubric due June 23rd</p> | | |
| <p>Final exam posted June 15, due August 1st</p> <p>Practicum Hour Log Due August 1st (even if hours not completed)</p> <p>CONSTITUTIONS Friday 2nd and/or Saturday July 3rd, 2021</p> | | | |

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