

PRAC 2 ONLINE – CURRICULUM OVERVIEW – 2020-21

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<p><b>CLASS 1: Sept 19 (Tuesday day class) Sept 20 (Tues/Thurs evening class) 9am-2:30pm All Times Pacific Time</b></p>	<p><b>Text</b></p>	<p><b>LMS Reading and Clips</b></p>	<p><b>Handouts</b></p>
<p><b>PRAC 2 PROGRAM INTRODUCTION</b> Teacher Introductions Commitments Course Overview Check In/Group Process/Student Introductions</p> <p><b>UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS</b> Introduction to Counselling: Transpersonal Systems Theory as a Framework Check In (if time)</p>	<p>Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Introduction Ch 1-3, pg 1-10</p>	<p>Kushner, Harold (2001): <u>Living a Life that Matters</u> Ch 1, 2 &amp; 3, pg 3 – 59; Ch 8, pg 146 – 158</p> <p>Chopra, Deepak (2000): <u>How to Know God</u> pg 180 – 187</p> <p>Siegel, Daniel J (2001): <u>Toward an Interpersonal Neurobiology of the Developing Mind: Attachment Relationships, 'Mindsight', and Neural Integration</u> pg 67 - 94</p> <p>Wanless, Craig (2020): <u>Ethics in Power Differentials – Understanding the Helping Role</u></p>	<p>Time commitments PRAC 2, Grading Scheme, PRAC 2 Rubric</p> <p><b>Notes</b></p>
<p><b>CLASS 2: Tues Sept 22: Day 9:45am-2pm, Evening 5:45-10pm Thurs Sept 24 Evening 5:45-10pm</b></p> <p><b>UNIT 1: Transpersonal Psychology and Spiritual Emergency Personal Integration</b> Check In/Process Peer Feedback Setting and Vetting the Goal Autobiography Rewrite Introduction</p>	<p><b>Text</b></p>	<p><b>LMS Reading and Clips</b></p> <p>Deer, Wayne (1977): <u>Manifest your Destiny</u> Ch 1, pg 1 – 18</p> <p>Moss, Richard (1995): <u>The Second Miracle</u> Ch 1, pg 3 – 13</p> <p>Adrienne, Carol (1999): <u>The Purpose of Your Life</u> Ch 2, pg 26 – 56</p>	<p><b>Handouts</b></p> <p>Autobiography Rewrite</p> <p><b>Notes</b></p> <p>Have your goal for the year clear/ready for next class 3</p>
<p><b>CLASS 3: Tues Sept 29: Day 9:45am-2pm, Evening 5:45-10pm Thurs Oct 1 Evening 5:45-10pm</b></p> <p><b>PRACTICAL APPLICATION: UNIT 1 AND 2</b> Aligning with your Goal – Exercise Assisted by PRAC 3</p>	<p><b>Text</b></p>	<p><b>LMS Reading and Clips</b></p> <p>Adrienne, Carol (1999): <u>The Purpose of Your Life</u> Ch 7, pg 131- 154</p> <p>Linden, Anne (1997): <u>Mindworks: NLP Tools for Building a Better Life</u> Ch 5 and 6, pg 37 - 48; Ch 15, pg 102 - 109</p>	<p><b>Handouts</b></p> <p>Goal Exercise</p> <p><b>Notes</b></p>

SAMPLE

<b>CLASS 4:</b> <b>Tues Oct 6: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Oct 8 Evening 5:45-10pm</b>  <b>UNIT 1: THERAPEUTIC STANCE:</b> <b>INTERVIEWING AND RELATIONSHIP</b> <b>BUILDING SKILLS</b> Carl Rogers: Gloria 5 Essential Rapport Building Factors Technique Overview	<b>Text</b>  Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 4 – 9, pg 11 - 32	<b>LMS Reading and Clips</b>  Corey, Gerald (2009): <u>Theory and Practice of Counselling and Psychotherapy</u> (8th ed) Ch 7, pg 165 - 180; pg 187 - 191  Brazier, David (ed) (1994): <u>Beyond Carl Rogers</u> Ch3, p 72-91	<b>Handouts</b>  Reflecting Exercise  <b>Notes</b> <b>Class 4 Evaluation Due</b>
<b>CLASS 5:</b> <b>Tues Oct 13: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Oct 15 Evening 5:45-10pm</b>  <b>UNIT 2: EXPERIENTIAL THERAPIES:</b> <b>INTERVENTIONS</b> Fritz Perls: Gloria Stages of Therapy Experiential Rationale Focus Points for Intervention Technique Overview	<b>Text</b>  Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 10 - 13, pg 33 - 45	<b>LMS Reading and Clips</b>  Corey, Gerald (2009): <u>Theory and Practice of Counselling and Psychotherapy</u> (8th ed). Ch 8, pg 198 – 220; pg 224 - 227	<b>Handouts</b>  Reflection/Feeling Experiment, Fritz Perls  <b>Notes</b>
<b>CLASS 6:</b> <b>Tues Oct 20: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Oct 22 Evening 5:45-10pm</b>  <b>UNIT 4: BOUNDARIES AND ETHICS IN</b> <b>THE HELPING PROFESSIONS</b> Ethical Decision Making Principles Self Awareness Transference and Counter-Transference Case Studies: May, Dan and Ralph	<b>Text</b>	<b>LMS Reading and Clips</b>  Caldwell, Christine: <u>Open Expression - A Space for Dialogue and Discourse</u> pg 4 – 6  Corey, Gerald; Schneider Corey, Marianne; and Callanan, Patrick (2003): <u>Theory &amp; Practice of Counselling &amp; Psychotherapy</u> (8th Edition) Ch 2, pg 37 – 44; pg 48 – 51	<b>Handouts</b>  Investigate BCACC, ACCT, NCP, CPCA, etc. codes of ethics online  <b>Notes</b> This is a very important class to attend!
<b>CLASS 7:</b> <b>WEEKEND Sat Oct 24:</b> <b>Day class 8:45am-3pm</b> <b>Evening classes 3:45-10pm</b>	<b>Text</b>  Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 14 - 23, pg 46 - 73	<b>LMS Reading and Clips</b>  Greenberg, Watson, and Lietaer (eds) (1998): <u>Handbook of Experiential Psychotherapy</u> Ch 1, pg 3 - 23	<b>Handouts</b>  Reflecting Exercise ECP & SMP Case Studies  <b>Notes</b>

<p><b>UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS</b>          Transparency          Reflective/Empathetic Listening          Check in</p> <p><b>UNIT 4: MODALITIES, TERMINOLOGY RESEARCH</b>          Social Media          On-Line Platforms          On-Line Counselling  <b>This is a weekend class: Saturday</b></p>		<p>Hayes, Strosahl and Wilson (1999): <u>Acceptance and Commitment Therapy</u>          Intro; Ch 1, pg 1 – 12; Ch 10, pg 267 – 280</p> <p>Counselling Ethics: Issues and Cases by William E Schulz, Glenn W Sheppard, Ron Lehr, Blythe Shepard; Chapter 2 Client's Rights and Responsibilities pgs 21-48</p> <p>Ethics in Psychotherapy and Counselling 5<sup>th</sup> Edition by Kenneth S Pope and Melba J T Vasquez; Chapter 11 The Ethics of Teletherapy, Internet Therapy, and Other Digital Work; pgs 82-101</p> <p>BC Association of Clinical Counsellors Standard for the Use of Technology in Counselling; October 16 2011</p> <p>Personal Information Protection Act: A Counsellor's Guide for Developing Client Personal Information Protection Policies and Procedures by BC Association of Clinical Counsellors; Oct 16 2004</p>	
<p><b>CLASS 8:</b>  <b>Tues Oct 27: Day 9:45am-2pm,</b>  <b>Evening 5:45-10pm</b>  <b>Thurs Oct 29 Evening 5:45-10pm</b></p> <p><b>UNIT 4: BOUNDARIES AND ETHICS IN THE HELPING PROFESSIONS</b>          Confidentiality          Boundary Issues          Ethical Decision Making Case Studies</p>	<p><b>Text</b></p>	<p><b>LMS Reading and Clips</b></p> <p>Martin, Shepard, Lehr (2015): <u>Canadian Counselling and Psychotherapy Experience</u>          Ch 2, pg 25 - 68</p>	<p><b>Handouts</b></p> <p><b>Notes</b>          This is a very important class to attend!</p>
<p><b>CLASS 9:</b>  <b>Tues Nov 3: Day 9:45am-2pm,</b>  <b>Evening 5:45-10pm</b>  <b>Thurs Nov 5 Evening 5:45-10pm</b></p> <p><b>UNIT 5: COMMON ISSUES IN PSYCHOTHERAPY</b>  <b>Depression and Suicide Risk Assessment</b>          Depression: Emotional and Cognitive features          Suicide risk assessment, Safety Plan          Intervention</p>	<p><b>Text</b></p>	<p><b>LMS Reading and Clips</b></p> <p>Shneidman, Edwin S. (1996): <u>The Suicidal Mind</u>          Ch 1, pg 3 – 26; Ch 7,8, pg 129 – 156</p> <p>CAMH Suicide Prevention and Assessment Handbook (2011)          pg 1 - 95 (review all)</p>	<p><b>Handouts</b></p> <p>Sample Suicide Safety Plan</p> <p><b>Notes</b>          Class 9 Participation Evaluation Due</p>

CLASS 10: Tues Nov 10: Day 9:45am-2pm, Evening 5:45-10pm Thurs Nov 12 Evening 5:45-10pm	Text	LMS Reading and Clips	Handouts
<b>UNIT 1: COUNSELLING SKILLS BOOSTER:</b> Approaches to Therapy  <b>UNIT 5: MODALITIES, TERMINOLOGY, RESEARCH</b> Terminology Research Project Prep Choose Modality for Each Class Member	Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 24 – 33, pg 74 - 103	Video – Psychotherapy: Crash Course Psychology (11 mins)  Psychotherapy Brochure  List of Readings for Research – found in the Research Paper Handout	Key Psychotherapy Approaches and Examples Case Studies and Therapeutic Approaches Prac 2 Research Project Rubric for Research Project  <b>Notes</b>
CLASS 11: Tues Nov 17: Day 9:45am-2pm, Evening 5:45-10pm Thurs Nov 19 Evening 5:45-10pm	Text	LMS Reading and Clips	Handouts
<b>UNIT 3: EXPERIENTIAL THERAPIES: INTERVENTIONS PRACTICAL APPLICATION</b> Check In/ 4 Step Practice	Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 39 - 40, pg 111 – 123		4 Step  <b>Notes</b>
CLASS 12: Tues Nov 24: Day 9:45am-2pm, Evening 5:45-10pm Thurs Nov 26 Evening 5:45-10pm	Text	LMS Reading and Clips	Handouts
<b>UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS</b> Private Practice: Introduction Best Standards of Practice Documentation Consults Self Care Check in/Group process (Catch up as needed)	Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 41 - 45, pg 124 - 138	Norcross, John, C. Psychotherapist Self-Care Practitioner-Tested, Research-Informed Strategies  Baranowsky, Anna B. & Gentry, J. Eric. Compassion Fatigue Specialist Training Pre-Workshop Materials  Figley, Charles R. Compassion Fatigue: Psychotherapists’ Chronic Lack of Self Care  Video: Self Care Interview with Vivian Baruch, M Couns – 22 min.  Gentry, J. Eric & Baranowsky, Anna B. Compassion Fatigue Resiliency – A New Attitude  Good Therapy. Your Checklist for Starting a Private Practice in Counseling. 2020	Informed Consent, Intake Form, Consent for Release of Information, Invoice and Payments, Session Notes Consult Outline Self Care Exercise  <b>Notes</b> These handouts are provided as word docs, so that you can edit for your practice, save to your computer files

<b>CLASS 13:</b> <b>Tues Dec 1: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Dec 3 Evening 5:45-10pm</b>  <b>UNIT 4: THERAPEUTIC STANCE:</b> <b>INTERVIEWING AND RELATIONSHIP</b> <b>BUILDING SKILLS</b> Diversity	<b>Text</b>	<b>LMS Reading and Clips</b>	<b>Handouts</b>
		Multicultural Counselling by Psychology  Barriers to Cross – Cultural Counselling  Sandra Collins and Nancy Arthur, "A Framework for Enhancing Multicultural Counselling Competence" (PDF)  Jessica Dere, Challenges and Rewards of a culturally-informed approach to mental health (Video)  Etheldreda Nakimuli-Mpungu, Why Africa needs culturally sensitive talk therapy? (Video)  Essam Der, How to Bring Mental Health Support to Refugees (Video)  Diversity Case Study #5 – you will be assigned one to read ----- Teresa Beaulieu, Exploring Indigenous and Western Therapeutic Integration: Perspectives and Experiences of Indigenous Elders (PDF) Literary Review: pages 30-44  Alberta Health Services, Treating Everyone the Same (Video)  Alberta Health Services, Developing Awareness and Skills in Culturally Competent Care (Video)  Alberta Health Services, Residential Schools *Note: watch from 21:22 min through to 46:29 min (Video)  Assembly of First Nations – Mental Health Bulletin Fall 2015 (PDF)  A Path Forward - BC First Nations & Aboriginal People's Mental Health 10 year Plan	Cultural Identity Handout/ Case Study Mini-research of cultural group  <b>Notes</b>

<b>ASSISTANT'S TRAINING December 5 and 6: Online 8am-4pm</b> <i>Note: other training dates are available</i> PRAC 2 Students are Required to Obtain Assistant's Training Level 1 Certification			
<b>CLASS 14:</b> <b>Tues Dec 8: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Dec 10 Evening 5:45-10pm</b>  <b>UNIT 1: THERAPEUTIC STANCE:</b> <b>INTERVIEWING AND RELATIONSHIP</b> <b>BUILDING SKILLS</b> Supervision Process Orientated Supervision Peer Supervision Psychosocial Assessment	<b>Text</b>	<b>LMS Reading and Clips</b>	<b>Handouts</b>
		Canadian Psychological Association: Ethical Guidelines For Supervision In Psychology, 2017 pgs 1-13  Valentino, LeBlanc, Sellers, 2016. The Benefits of Group Supervision and a Recommended Structure for Implementation  Basa, Veronika. 2019. Peer Supervision in the Therapeutic Field	Psychosocial Assessment  <b>Notes</b>
<b>CLASS 15:</b> <b>Tues Dec 15: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Dec 17 Evening 5:45-10pm</b>  <b>PRACTICAL APPLICATION: PERSONAL</b> <b>INTEGRATION</b> Check In/Group Process (Catch up as needed) Meditation/Mindfulness practice: ACIM Lesson Prep, Lesson 1 (Optional, starts January)	<b>Text</b>	<b>LMS Reading and Clips</b>	<b>Handouts</b>
			<b>Notes</b>
<b>WINTER BREAK – NO CLASSES</b>			
<b>CLASS 16:</b> <b>Tues Jan 5: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Jan 7 Evening 5:45-10pm</b>  <b>PRACTICAL APPLICATION: UNIT 3</b> Check In/Group Process (Catch up as needed) Autobiography Rewrite Introductory Assignment ACIM Lesson Check In	<b>Text</b>	<b>LMS Reading and Clips</b>	<b>Handouts</b>
	Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 46 - 49, pg 139 - 149		<b>Notes</b> Bring PRAC 1 Auto Biography



Independent Practice: Business Considerations Professional Development Research Project Videos Presented			
<b>ASSISTANT'S TRAINING February 6 and 7: Online 8am – 4pm</b> <i>Note: other training dates are available</i> PRAC 2 Students are Required to Obtain Assistant's Training Level 1 Certification			
<b>CLASS 21:</b> <b>Tues Feb 9: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Feb 11 Evening 5:45-10pm</b>  <b>UNIT 5: COMMON ISSUES IN PSYCHOTHERAPY</b> Trauma: Definition Post Traumatic Outcomes Trauma and Memory Trauma and Transformation (Intervention)	<b>Text</b>	<b>LMS Reading and Clips</b>  J.E.B. Myers, L. Berliner, J. Briere, C.T. Hendrix, T. Reid, & C. Jenny (Eds.) (2002): <u>The APSAC handbook on child maltreatment</u> (2nd Edition) Ch 1, pg 1 - 26  Martin, Shepard, Lehr (2015): <u>Canadian Counselling and Psychotherapy Experience</u> Ch 14, pg 195 - 210	<b>Handouts</b>  <b>Notes</b> Check out John Briere on Youtube
<b>CLASS 22:</b> <b>Tues Feb 16: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Feb 18 Evening 5:45-10pm</b>  <b>UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS</b> Analysis of the Course of Therapy ("Goodwill Hunting" and "Ordinary People") Check In/Group Process (Catch up as needed)	<b>Text</b> Talom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 70 - 75, pg 210 - 224	<b>LMS Reading and Clips</b>	<b>Handouts</b>  <b>Notes</b>
<b>CLASS 23:</b> <b>Tues Feb 23: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Feb 25 Evening 5:45-10pm</b>  <b>UNIT 1: THERAPEUTIC STANCE: INTERVIEWING AND RELATIONSHIP BUILDING SKILLS</b> First Session Final Session 4 Session Format and Prep for PRAC 1 Session	<b>Text</b>	<b>LMS Reading and Clips</b>  Freeman, David (1992): <u>Family Therapy with Couples</u> Ch 5, pg 101 – 117  Kennedy, Eugene and Charles, Sara (2001): <u>On Becoming a Counselor</u> (3rd edition) Ch 10, pg 85 – 10	<b>Handouts</b> 4 Sessions  <b>Notes</b> PRAC 1 Sessions can be booked now



<b>CLASS 24:</b> <b>Tues Mar 2: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Mar 4 Evening 5:45-10pm</b>  <b>UNIT 1 &amp; 2: EXPERIENTIAL THERAPIES:</b> <b>INTERVENTIONS PRACTICAL</b> <b>APPLICATION:</b> Prep for PRAC 1 sessions 2 and 3 Chair Work practice Supervision Prep	<b>Text</b>  Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 76 - 83, pg 225 - 250	<b>LMS Reading and Clips</b>	<b>Handouts</b>
			<b>Notes</b> Reference handouts in class 17: Chair Work Prenn, Natasha (2013): AEDP Interventions
<b>CLASS 25:</b> <b>Tues Mar 9: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs Mar 11 Evening 5:45-10pm</b>  <b>UNIT 5: COMMON ISSUES IN</b> <b>PSYCHOTHERAPY</b> Grief: Definition Process of Grief Complications Interventions	<b>Text</b>	<b>LMS Reading and Clips</b>  Levigne, Steven (2005): <u>Unattended Sorrow: Recovering From Loss And Reviving The Heart</u> pg 3 – 158	<b>Handouts</b>
			<b>Notes</b> <b>Upload session recordings for next class</b>
<b>SPRING BREAK – NO CLASSES</b>			
<b>CLASS 26:</b> <b>Tues Mar 30: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs April 1 Evening 5:45-10pm</b>  <b>ALL UNITS: PRACTICUM/SUPERVSION:</b> <b>PRACTICAL APPLICATION</b> Supervision Session #1 Check In/Group Process (Catch up as needed) Autobiography Rewrite: Special Function Intro	<b>Text</b>  Yalom, Irvin D (2002): <u>The Gift of Therapy</u> Ch 84 and 85, pg 251 - 259	<b>LMS Reading and Clips</b>	<b>Handouts</b>
			<b>Notes</b> Bring session notes/forms for supervision – from your handouts

CLASS 27:	Text	LMS Reading and Clips	Handouts
<p><b>Tues April 6: Day 9:45am-2pm, Evening 5:45-10pm Thurs April 8 Evening 5:45-10pm</b></p> <p><b>UNIT 3: TRANSPERSONAL PSYCHOLOGY AND SPIRITUAL EMERGENCY</b> Altered States of Consciousness: Psychedelics and psychotherapy Breathwork Theory Mindfulness process</p>		<p>MacNaughton, Ian (2004): <u>Body, Breath and Consciousness, a Somatics Anthology</u></p> <p>Pollan, Michael (2018): <u>How to Change your Mind:</u> ch 5, The Neuroscience: your brain on psychedelics</p> <p>Tart, Charles &amp; Mishlove, Jeffery (2017): Altered States of Consciousness</p> <p>Boroson, Martin, Duffy, Martin &amp; Egan, Barbara: Healing and Transformation: the use of non-ordinary states of consciousness</p>	<p><b>Notes</b> <b>Upload session recordings for next class</b></p>
CLASS 28:	Text	LMS Reading and Clips	Handouts
<p><b>Tues April 13: Day 9:45am-2pm, Evening 5:45-10pm Thurs April 15 Evening 5:45-10pm</b></p> <p><b>ALL UNITS: PRACTICUM/SUPERVISION: PRACTICAL APPLICATION</b> Supervision Session #2 Special Function: Part 2 Autobiography Rewrite</p>			<p><b>Notes</b> Bring session notes/forms</p>
CLASS 29:	Text	LMS Reading and Clips	Handouts
<p><b>Tues April 20: Day 9:45am-2pm, Evening 5:45-10pm Thurs April 22 Evening 5:45-10pm</b></p> <p><b>UNIT 2: EXPERIENTIAL THERAPIES: INTERVENTIONS</b> Psychodrama</p>		<p>Yalom, Viktor (2004): <u>Zerka Moreno on Psychodrama</u></p>	<p><b>Notes</b> <b>Note schedule switch for class 31</b></p>
CLASS 30:	Text	LMS Reading and Clips	Handouts
<p><b>Tues April 27: Day 9:45am-2pm, Evening 5:45-10pm Thurs April 29 Evening 5:45-10pm</b></p>		<p>Day, L and Impett, E (2016): For It Is in Giving That We Receive: The Benefits of Sacrifice in Relationships. Ch 10, pg. 211-231</p> <p>Video – Barry McCarthy: Sex made simple Part 1 and 2</p> <p>Video – Dara Hoffman-Fox: My Gender Identity... How Can I Learn to Trust the Way I Feel</p>	<p>Hope Springs Movie</p> <p><b>Notes</b> <b>Next week is in Prac 1 classroom!</b> P2 Tues day class attends P1 Thurs day class P2 Tues eve class attends P1 Tues eve class P2 Thur eve class attends P1 Thurs eve class</p>

<b>UNIT 5: COMMON ISSUES IN PSYCHOTHERAPY</b> Sexuality Intimacy Gender Identification		Dargie, E, Blair, K, Pukall, C, Coyle, S (2014). Somewhere Under the Rainbow: Exploring the Identities and experiences of Trans Persons. Pg. 60-74.  Cayley, M (2017). Gender: How to Provide Inclusive Counselling Services to Trans and Gender-Diverse Clients	
<b>CLASS 31:</b> <b>P2 Tues day class attends P1 Thurs day class: Thurs May 6 9:45am-2pm</b> <b>P2 Tues eve class attends P1 Tues eve class: Tues May 4 5:45-10pm</b> <b>P2 Thur eve class attends P1 Thurs eve class: Thurs May 6 5:45-10pm</b>  <b>PRACTICAL APPLICATION: UNIT 1 AND 2</b> Genogram Prep	Text	<b>LMS Reading and Clips</b>  Titelman, Peter (1998): <u>Clinical Applications of Bowen Family Systems Theory</u> Ch 1, pg 7- 49	<b>Handouts</b>  Genogram Folder – Genogram facilitation notes and timeline structure Bring to class and Genogram weekend  <b>Notes</b> <b>Unload session recordings for next class</b>
<b>CLASS 32:</b> <b>Tues May 11: Day 9:45am-2pm, Evening 5:45-10pm</b> <b>Thurs May 13 Evening 5:45-10pm</b>  <b>ALL UNITS: PRACTICUM/SUPERVSION: PRACTICAL APPLICATION</b> Supervision Session #3	Text	<b>LMS Reading and Clips</b>	<b>Handouts</b>  <b>Notes</b> Bring session notes/forms
<b>CLASS 33:</b> <b>Tues May 18: Day 9:45am-2pm, Evening 5:45-10pm</b> <b>Thurs May 20 Evening 5:45-10pm</b>  <b>UNIT 3: TRANSPERSONAL PSYCHOLOGY AND SPIRITUAL EMERGENCY</b> Spiritual Emergency: Dark Night of the Soul Set Up for Autobiography Rewrite Exercise	Text	<b>LMS Reading and Clips</b>  Moss, Richard (1995): <u>The Second Miracle</u> Ch 14, pg 192 –205  Moore, Thomas (2004): <u>Dark Nights of the Soul</u> Intro – pg 47	<b>Handouts</b>  <b>Notes</b> Autobiography Rewrites Due, please forward to both instructors via email.
<b>GENOGRAM WEEKEND May 22 and 23 8am-4pm</b>			

<b>CLASS 34:</b> <b>Tues May 25: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs May 27 Evening 5:45-10pm</b>  <b>UNIT 2: EXPERIENTIAL THERAPIES:</b> <b>INTERVENTIONS PRACTICAL</b> <b>APPLICATION</b> Introduction to AEDP Techniques Portrayals Metaprocessing	<b>Text</b>	<b>LMS Reading and Clips</b>	<b>Handouts</b>
		Prenn, Natasha (2009): <u>I Second that Emotion!</u> <u>On self disclosure and it's metaprocessing</u> , Ch 6 p 85-99  Shapiro, Steven (2009): It's not about you, Psychotherapy Networker p1-5	Prenn Portrayals Handout  <b>Notes</b> <b>Upload session recordings for next class</b> (if supervision)
<b>GENOGRAM WEEKEND May 29 and 30 as needed, 8am-4pm</b>			
<b>CLASS 35:</b> <b>Tues June 1: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs June 3 Evening 5:45-10pm</b>  <b>ALL UNITS: PRACTICUM/SUPERVISION:</b> <b>PRACTICAL APPLICATION</b> Check In/Group Process (Catch up as needed) Extra supervision time as needed	<b>Text</b>	<b>LMS Reading and Clips</b>	<b>Handouts</b>
			<b>Notes</b> <b>Upload session recordings for next class</b> Bring session notes/forms
<b>CLASS 36</b> <b>Tues June 8: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs June 10 Evening 5:45-10pm</b>  <b>ALL UNITS: PRACTICUM/SUPERVISION:</b> <b>PRACTICAL APPLICATION</b> Supervision Session #4	<b>Text</b>	<b>LMS Reading and Clips</b>	<b>Handouts</b>
			<b>Notes</b> Bring session notes/forms <b>LAST Supervision session</b> <b>PRAC 2 Quiz due June 15th</b>
<b>CLASS 37:</b> <b>Tues June 15: Day 9:45am-2pm,</b> <b>Evening 5:45-10pm</b> <b>Thurs June 17 Evening 5:45-10pm</b>  <b>PRACTICAL APPLICATION: UNIT 3</b> Autobiography Rewrite Process	<b>Text</b>	<b>LMS Reading and Clips</b>	<b>Handouts</b>
			<b>Notes</b> <b>PRAC 2 Quiz due June 15th</b>

**CLASS 38:**  
Tues June 22: Day 9:45am-2pm,  
Evening 5:45-10pm  
Thurs June 24 Evening 5:45-10pm

**PRACTICAL APPLICATION: PERSONAL  
INTEGRATION**

Completion: Class/Self Evaluations

**Final exam posted June 15, due August 1<sup>st</sup>**

**Final Class 38**  
**Class Participation Evaluation Rubric due**

**Practicum Hour Log Due August 1<sup>st</sup>** (even if hours not completed)

**CONSTITUTIONS Friday 2nd and/or Saturday July 3rd, 2021**

# SAMPLE